The Growing Concern in Kolkata Dr. Arnab Pathak

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Price: **Free**

The Growing Concern in Kolkata Dr. Arnab Pathak: In recent years, Kolkata has witnessed a notable increase in reported cases of psychiatric disorders. This trend has raised significant concerns among healthcare professionals and policymakers alike.
Socioeconomic Factors
Economic Instability and Stress
One of the primary factors contributing to the rise in psychiatric disorders in Kolkata is economic instability. High levels of unemployment, poverty, and financial stress can exacerbate mental health issues among the population.
Urbanization and Lifestyle Changes
The rapid urbanization of Kolkata has brought about significant lifestyle changes. Factors such as overcrowding, pollution, long commutes, and competitive work environments contribute to heightened stress levels and mental health challenges.
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