

Borderline Personality Disorder Dr. Arnab's Expert Guide to Symptoms & Treat

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Address: **Accuhealth Diagnostic, Sandhyadeep 16/A, Gold Park Road Rajdanga Kolkata,**

Price: **Free**

Borderline Personality Disorder Dr. Arnab's Expert Guide to Symptoms & Treatment: In this informative session, Dr. Arnab provides an in-depth exploration of Borderline Personality Disorder (BPD), focusing on its key symptoms, causes, and effective treatment options. BPD is a complex mental health condition that affects emotions, relationships, and self-identity. Dr. Arnab explains how to identify the signs of BPD, including emotional instability, impulsive behavior, and intense fear of abandonment. He also highlights therapeutic approaches, including Dialectical Behavior Therapy (DBT) and medication, to help manage BPD. If you're seeking professional advice or understanding for yourself or a loved one, this guide offers practical insights and solutions for living with BPD.

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BPD symptoms,

BPD treatment,

What is BPD,

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